

2022-2023

IASF DIVISION LIST
DANCE



IASF DIVISION LIST GUIDELINES

IASF DIVISION LIST AGE ELIGIBILITY

The eligible age for an athlete is determined by the BIRTH YEARS column on the Age Grid.

1. The IASF Age Grid is based on the year The IASF World Championship competition is held.
 - a. The 2022-2023 Age Grid is based on the IASF World Championship occurring in 2023.
 - i. Example: Athletes born January 1, 2011 - December 31, 2011, have a 2011 BIRTH YEAR. Per the Age Grid, an athlete with a 2011 BIRTH YEAR is eligible for the U12 and U16 divisions for the 2022-2023 season.

EVENT PRODUCER REQUIREMENTS

The IASF DIVISION LIST is a list of ALL the IASF divisions. Each country's governing body, or event producer, where permitted, may choose which divisions they would like to offer. Every IASF division is not required to be offered at each event.

TEAM SIZE

6 to 15 members = Elite
16 to 30 members = Premier

GENDER

All Girl = No males on team
Coed = A minimum of 1 male and 1 female on team
All-Male = No females on team

CROSSOVERS

National governing bodies, or event producers, where permitted, may choose their own crossover policies.

CROSSOVERS AT WORLDS

Athletes may compete in up to 5 routines at the Dance Worlds and may compete in USASF Club divisions or IASF International divisions as long as they abide by the age rules of each division. For a complete list of the 2023 Dance Worlds bid eligible IASF Divisions and Categories and additional restrictions/information regarding those specific divisions please visit <http://www.iasfworlds.com>

TIME LIMITS

IASF U6, U8, U12, U16, U18, and Open = Routine time minimum of 1:45 to a maximum of 2:15

IMAGE POLICY

Any team that competes outside of its country must follow the Image Guidelines set forth by that country and/or the IASF. Dance does not follow the Cheer Image Policy

IASF AGE GRID ADJUSTMENTS

- Divisions are returning to U16 and U18 for the 2022-23 season
- The Junior division (U16) age will increase to a minimum age of 11 for the 2022-23 season, and to a minimum age of 12 for the 2023-24 season.
- The U18 division will increase to a minimum age of 13 for the 2022-2023 season, and to a minimum age of 14 for the 2023-2024 season.
- The Open division age will increase to a minimum age of 15 for the 2022-2023 season, and to a minimum age of 16 for the 2023-2024 season.

IASF DANCE DIVISIONS 2022-2023 AGE GRID

DIVISION	BIRTH YEARS	AGES	CATEGORIES	GENDER	TEAM SIZE
U6	2016 - 2018	5 -6 years old	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	Male/Female	6 to 30 members
U8	2014 - 2018	5 -8 years old	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	Male/Female	6 to 30 members
U12	2010 - 2015	8 -12 years old	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	Male/Female	6 to 30 members
U16	2006 - 2012	11 -16 years old	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	Male/Female	6 to 30 members
U18	2004 - 2010	13 -18 years old	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	Male/Female	6 to 30 members
OPEN	Born in 2008 or earlier	15 and Older	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	Male/Female	6 to 30 members