

2023-2024

IASF DIVISION LIST  
DANCE



## IA SF DIVISION LIST GUIDELINES

### IASF DIVISION LIST AGE ELIGIBILITY

The eligible age for an athlete is determined by the BIRTH YEARS column on the Age Grid.

1. The IASF Age Grid is based on the year The IASF World Championship competition is held.
  - a. The 2022-2023 Age Grid is based on the IASF World Championship occurring in 2023.
    - i. Example: Athletes born January 1, 2011 - December 31, 2011, have a 2011 BIRTH YEAR. Per the Age Grid, an athlete with a 2011 BIRTH YEAR is eligible for the U12 and U16 divisions for the 2022-2023 season.

### EVENT PRODUCER REQUIREMENTS

The IASF DIVISION LIST is a list of ALL the IASF divisions. Each country's governing body, or event producer, where permitted, may choose which divisions they would like to offer. Every IASF division is not required to be offered at each event.

### TEAM SIZE

6 to 15 members = Elite

16 to 30 members = Premier

### GENDER

All Girl = No males on team

Coed = A minimum of 1 male and 1 female on team

All-Male = No females on team

### CROSSOVERS

National governing bodies, or event producers, where permitted, may choose their own crossover policies.

### CROSSOVERS AT WORLDS

Athletes may compete in up to 5 routines at the Dance Worlds and may compete in USASF Club divisions or IASF International divisions as long as they abide by the age rules of each division. For a complete list of the 2023 Dance Worlds bid eligible IASF Divisions and Categories and additional restrictions/information regarding those specific divisions please visit <http://www.iasfworlds.com>

### TIME LIMITS

IASF U6, U8, U12, U16, U18, and Open = Routine time minimum of 1:45 to a maximum of 2:15

### IMAGE POLICY

Any team that competes outside of its country must follow the Image Guidelines set forth by that country and/or the IASF. Dance does not follow the Cheer Image Policy

## IASF AGE GRID ADJUSTMENTS

- The Junior division (U16) age will increase to a minimum age of 12 for the 2023-24 season.
- The U18 division will increase to a minimum age of 14 for the 2023-2024 season.
- The Open division age will increase to a minimum age of 16 for the 2023-2024 season.

## IASF DANCE DIVISIONS 2023-2024 AGE GRID

DIVISION	BIRTH YEARS	AGES	CATEGORIES	GENDER	TEAM SIZE
U6	2017 - 2019	5 -6 years old	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	Male/Female	6 to 30 members
U8	2015 - 2019	5 -8 years old	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	Male/Female	6 to 30 members
U12	2011 - 2016	8 -12 years old	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	Male/Female	6 to 30 members
U16	2007 - 2012	12 -16 years old	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	Male/Female	6 to 30 members
U18	2005 - 2010	14 -18 years old	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	Male/Female	6 to 30 members
OPEN	Born in 2008 or earlier	16 and Older	High Kick, Hip Hop, Jazz, Pom, Contemporary/Lyrical	Male/Female	6 to 30 members